

Initiatives at a glance

Positive Behaviour for Learning programmes and initiatives help parents, whānau, teachers and schools address problem behaviour, improve children's wellbeing and increase educational achievement.



EARLY YEARS

[Incredible Years Parent](#)

[Incredible Years Teacher](#)



PRIMARY/INTERMEDIATE

[PB4L School-Wide](#)

[Huakina Mai](#)

[Wellbeing@School tool](#)

[Incredible Years Parent](#)

[Incredible Years Teacher](#)

[Te Mana Tikitiki](#)

[Intensive Wraparound Service](#)



SECONDARY

[PB4L School-Wide](#)

[Huakina Mai](#)

[Restorative Practice](#)

[Wellbeing@School tool](#)

[My FRIENDS Youth Resilience Programme](#)

[Intensive Wraparound Service](#)

[Check and Connect](#)

Whole-school change initiatives

PB4L SCHOOL-WIDE#

A framework that schools can use to develop a social culture that supports learning and positive behaviour. PB4L School-Wide takes 3-5 years to put in place.

HUAKINA MAI*

A whole-school, strengths-based approach to culture change. Huakina Mai enables whānau, community and Iwi to build connections with schools and contribute to developing systems, a teaching practice framework, social skill lessons, and restorative practices for students and staff.

PB4L RESTORATIVE PRACTICE*

An approach to building and maintaining respectful relationships across schools. The PB4L model of Restorative Practice includes training for all school staff, resource material and ongoing professional support.

WELLBEING@SCHOOL

This website is available to all schools. It contains student and staff surveys, reporting tools and strategies to help create safe, inclusive climates that deter bullying.

www.wellbeingatschool.org.nz

* These initiatives are still in trial stage so may not be available in every area.
These initiatives are part of the Prime Minister's Youth Mental Health Project.



Targeted group programmes

INCREDIBLE YEARS PARENT

This programme helps parents build positive relationships with their children and develop strategies to manage problem behaviour. It is for parents of children aged 3 to 8 years.

INCREDIBLE YEARS TEACHER

This programme gives teachers strategies to turn disruptive behaviour around and create more positive learning environments for students. It is for teachers of children aged 3 to 8 years.

TE MANA TIKITIKI*

A programme that uses tikanga and te reo Māori to build social skills. The programme is run over 10 sessions with small groups of 8-12 year-old Māori students.

MY FRIENDS YOUTH RESILIENCE PROGRAMME**

This programme is designed to build young people's self-esteem and resilience by teaching them practical skills to cope with life challenges. The 10 sessions are provided as part of the Year 9 Health curriculum in participating schools.

Targeted individual programmes/services

THE INTENSIVE WRAPAROUND SERVICE (IWS)

Provides support for the small number of children and young people with highly complex and challenging behaviour, social or education needs, including those with an intellectual difficulty.

CHECK AND CONNECT**

A long-term mentoring programme for students from Year 8 upwards at risk of disengaging from school. Mentors work with students and whānau to achieve education-related goals.

